



Pre - course questionnaire & consent form
For parents/carers

I would be grateful if you would complete this form and return to me via email. It will be printed off ready for you to sign on your first day of the course. All information is confidential and kept secure. The information is used to ensure that you receive a high standard of support during the classes.

Parent / Guardian Name	<i>Please insert name</i>
Telephone Number	<i>Best contact number</i>
Address	<i>Address line 1 Town Post code</i>
Baby's Name	<i>Baby's Name</i>
Baby's Age	<i>Age in weeks</i>
Does your Baby suffer from any of the following; colic, reflux, constipation, teething, poor sleep, colds and coughs	<i>If yes please give brief details</i>
Any known medical conditions	<i>If yes please give brief details</i>
Current medication for your baby	<i>If yes please give brief details</i>
Do you have any known Allergies	<i>If yes please give brief details</i>
Does your baby have any known allergies	<i>If yes please give brief details</i>

Any complications during pregnancy	<i>If yes please give brief details</i>
Natural Birth or C - section	<i>Please state</i>
Any complications during birth	<i>If yes please give brief details</i>
How long was the labour	<i>Approx. in hours</i>
Complications following birth	<i>If yes please give brief details</i>

Consent Form

What is Reflexology?

Reflexology is a safe natural therapy based on the principle that every part of the body has corresponding reflex points on the feet. Reflexologists believe that working these points and applying gentle pressure with fingers and thumbs aids relaxation and helps improve wellbeing.

What is Baby Massage?

Baby massage is a gentle, rhythmic stroking of your baby's body using your hands, these soothing strokes are deeply relaxing. As part of a massage routine, you might gently move your baby's arms, legs, ankles, wrists and fingers.

All Tiny Toes Baby Reflexology Classes will be delivered by a fully qualified and insured Reflexologist

Disclaimer

As a parent, guardian or carer, I am fully aware that the Tiny Toes Reflexology & Baby Massage Classes I am undertaking are for the treatment of my baby only. It is not appropriate for me to treat other babies or train or advise other parents, guardians or carers.

I understand that reflexology is a non-invasive complementary therapy and is not a substitute for medical treatment or medications.

I am fully aware that my Reflexologist does not diagnose illness or disease, nor prescribe medications.

Reflexology should not be performed if your baby suffers from certain conditions or allergies. I confirm that I have stated all my baby's known medical conditions and allergies and agree to keep my Reflexologist updated with any changes.

During the classes I am happy for the Reflexologist taking the class to do advanced sequences on my baby in accordance with their training.

By signing this form, I am accepting full responsibility for the health and wellbeing of my baby during sessions and agree to stay with my baby at all times.

Signature:

(To be signed on the first day of the course)

Date:

Print Name:

Marketing

I give permission for photographs and videos taken during classes of myself and my baby- child (for whom I have parental responsibility) to be edited if required and used on the website and social media platforms for marketing purposes. My name and my baby's name will not be used with the photo, I understand that the photos may show their face, body and feet. For printed literature a further consent form will be required between both parties.

I am aware that I can withdraw my consent to photos being used for marketing at any time in writing or by email, and my request will be responded to within 7 days.

I understand that any published materials that already include my photos cannot be recalled.

I agree

I do not agree

Signature:

Date:

Print Name:

Relationship to baby:

Data Protection

Your privacy is important to us. In line with general data protection (GDPR), we are required by law to obtain your written consent to hold the information and photos which you have consented to Tiny Toes using. The information on this form is required for insurance purposes. It will be kept for 7 years as is required by law and will be stored securely in accordance with GDPR. After this time, it will be shredded. None of your personal information will be used for marketing without your prior consent, nor will your details be passed to or sold for marketing purposes.

By signing this form, you give consent for your information and photos to be used in promotion images on Tiny Toes webpage and webpages that are associated with Tiny Toes and Tiny Toes social media sites.

Your information and photos will not be shared with another party without your prior consent.

You can request photos not to be used in future marketing by writing or emailing, your request will be responded to within a 14-days.

Signature:

Date:

Print Name: